

## About Rebound:

Rebound maintains a vision to eliminate reliance on the juvenile justice systems to meet the needs of Black youth; and a commitment to leading the way in the innovation and provision of holistic, community-centered, education, advocacy, and rehabilitation services for this population as means to bringing this vision about in the Twin Cities.

Building on the principle of "Ujima," the Resilience Program has helped prevent justice system involvement in Hennepin County by providing the evidence-based Strengthening family coping resources (SFCR) curriculum as a means to "use coping resources as mechanisms for change, strengthen family processes impacted by urban property and chronic trauma, and address trauma-specific providers from throughout the Twin Cities are invited to partner with Rebound in this important work.

The program meets in Minneapolis with expansion coming to Ramsey County in 2023.

## Contact Us:

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### Trauma Prevention Program Coordinator



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## Rebound's: Ujima Family Trauma Prevention Program



## Target Population

- Ramsey County: Families vulnerable to child protection system or have been involved in child protection system
- Hennepin County: North Minneapolis Residents with at least one Black male child between the ages of 8-11 years old.

## Program Components

- 6 months of case management
- 13-15 week *Strengthening Family Coping Resources (SFCR)* family academy
- Participant stipend  
Transportation support  
childcare support

## Partnership Benefits

### Agency -

- A new and exciting opportunity to extend to students is likely to attract them to your program
- Listed as a partner win program marketing materials
- Discounted admission to the Ujima trauma training series for all agency staff
- Preferred provider status in the referral of participants for ongoing trauma support

### Students -

- Certification in the *Strengthening Family Coping Resources (SFCR)* curriculum
- Experience providing direct services to families experiencing traumatic stress
- Weekly clinical supervision by a LICSW
- A modest stipend
- FREE admission to the Ujima trauma training series
- Connection to a network of mental health professionals of color



## Partnership Responsibilities:

### Agency -

- Provide single agency contact to coordinate program participation
- Provide ongoing support for students
- Attendance of monthly partner teleconferences

### Students-

- Attend *Strengthening Family Coping Resources (SFCR)* curriculum training (8 hours)
- Attend weekly family academy (3 hours per week for 13-15 weeks)
- Support the active participation of 3 families in the family academy
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  - Actively participate in clinical supervision (1 hour per week for 13-15 weeks)
  - Assisting families in completing tasks during the academy
  - Follow up with family once per week, via phone, between sessions regarding academy homework