

Rebound, Inc.

Rebound, Inc. maintains a vision to eliminate reliance on the juvenile justice systems to meet the needs of black youth; and a commitment to leading the way in the innovation and provision of holistic, community centered, education, advocacy, and rehabilitation services for this population as a means to bringing this vision about in North Minneapolis.

Building on the principle of “Ujima”, the Resilience Program will prevent justice system involvement among Black boys in North Minneapolis by providing the evidence based *Strengthening Family Coping Resources (SFCR)* curriculum as a means to “use family coping resources as mechanisms for change, strengthen family processes impacted by urban poverty and chronic trauma, and address trauma-specific treatment goals.” Culturally specific providers from throughout the Twin Cities are invited to partner with Rebound, Inc. in this important work.

Contact Us

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For more Information Please visit:
www.reboundmpls.org



UJIMA RESILIENCE PROGRAM

AGENCY PARTNERS

REBOUND

*Education, Advocacy,
Rehabilitation*

Partnership

Benefits:

Agency -

- New and exciting opportunity to extend to students, likely to attract them to your program.
- Listed as a partner in program marketing materials.
- Discounted admission to Ujima trauma training series for all agency staff.
- Preferred provider status in referral of participants for ongoing trauma support.

Students -

- Certification in the *Strengthening Family Coping Resources (SFCR)* curriculum.
- Experience providing direct services to families experiencing traumatic stress.
- Weekly clinical supervision by an LICSW.
- A modest stipend.
- FREE admission to Ujima trauma training series.
- Connection to a network of mental health professionals of color.

“Ujima” - To build and maintain our community together and make our brother’s & sister’s problems our problems and to solve them together.

Target Population:

- North Minneapolis Residents
- At least one black male child between ages of 8 & 11 years
- Experience of traumatic stress

Program Components:

- 6 months of case management
- 15 week *Strengthening Family Coping Resources (SFCR)* family academy
- Participant stipend
- Transportation support
- Childcare support

Partnership

Responsibilities:

Agency -

- Provide single agency contact to coordinate program participation.
- Provide ongoing support for students.
- Attendance of monthly partner teleconferences.

Students -

- Attend *Strengthening Family Coping Resources (SFCR)* curriculum training (8 hours)
- Attend weekly family academy (3 hours per week for 15 weeks)
- Support active participation of 3 families in family academy by:
 - Assisting families in completing tasks during academy
 - Follow up with family once per week, via phone, between sessions regarding academy homework
- Actively participate in clinical supervision (1 hour per week for 15 weeks)